Trauma: A Public Health Issue

Prevalence:
Trauma is common among adults and children in social service systems.

- 98% of female offenders have experienced trauma, often interpersonal trauma and domestic violence.
- 96% of adolescent psychiatric inpatients have histories of exposure to trauma.
- 93% of homeless mothers have a lifetime history of interpersonal trauma.
- 90% of juvenile-justice-involved youth have experienced trauma, often multiple traumas from an early age.
- 75% of adults in substance abuse treatment report histories of trauma.
- 70% of children in foster care have experienced multiple traumas.

Goal:
Trauma-Informed Systems

Systems that **recognize** the impact of trauma and **promote** resilience and healing.

A First Step: Agency-Wide Assessment

1. **Respect** service users
2. **Establish** trusting relationships
3. **Build** trauma-informed knowledge and skills
4. **Foster** trauma-informed service delivery
5. **Promote** trauma-informed procedures and policies

**How trauma-informed is your organization?**

What’s next?
Learn more at [www.ari.org/TICtool](http://www.ari.org/TICtool)

Sources: