Trauma: A Public Health Issue

Prevalence:
Trauma is common among adults and children in social service systems.

- 98% of female offenders have experienced trauma, often interpersonal trauma and domestic violence.
- 96% of adolescent psychiatric inpatients have histories of exposure to trauma.
- 93% of homeless mothers have a lifetime history of interpersonal trauma.
- 90% of juvenile-justice-involved youth have experienced trauma, often multiple traumas from an early age.
- 75% of adults in substance abuse treatment report histories of trauma.
- 70% of children in foster care have experienced multiple traumas.
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Goal: Trauma-Informed Systems

Systems that recognize the impact of trauma and promote resilience and healing.

A First Step: Agency-Wide Assessment

How trauma-informed is your organization?

1. BUILD trauma-informed knowledge + skills
2. ESTABLISH trusting relationships
3. RESPECT service users
4. FOSTER trauma-informed service delivery
5. PROMOTE trauma-informed procedures + policies

What’s next?
Learn more at www.air.org/TICtool

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Sources:

American Institutes for Research www.air.org