



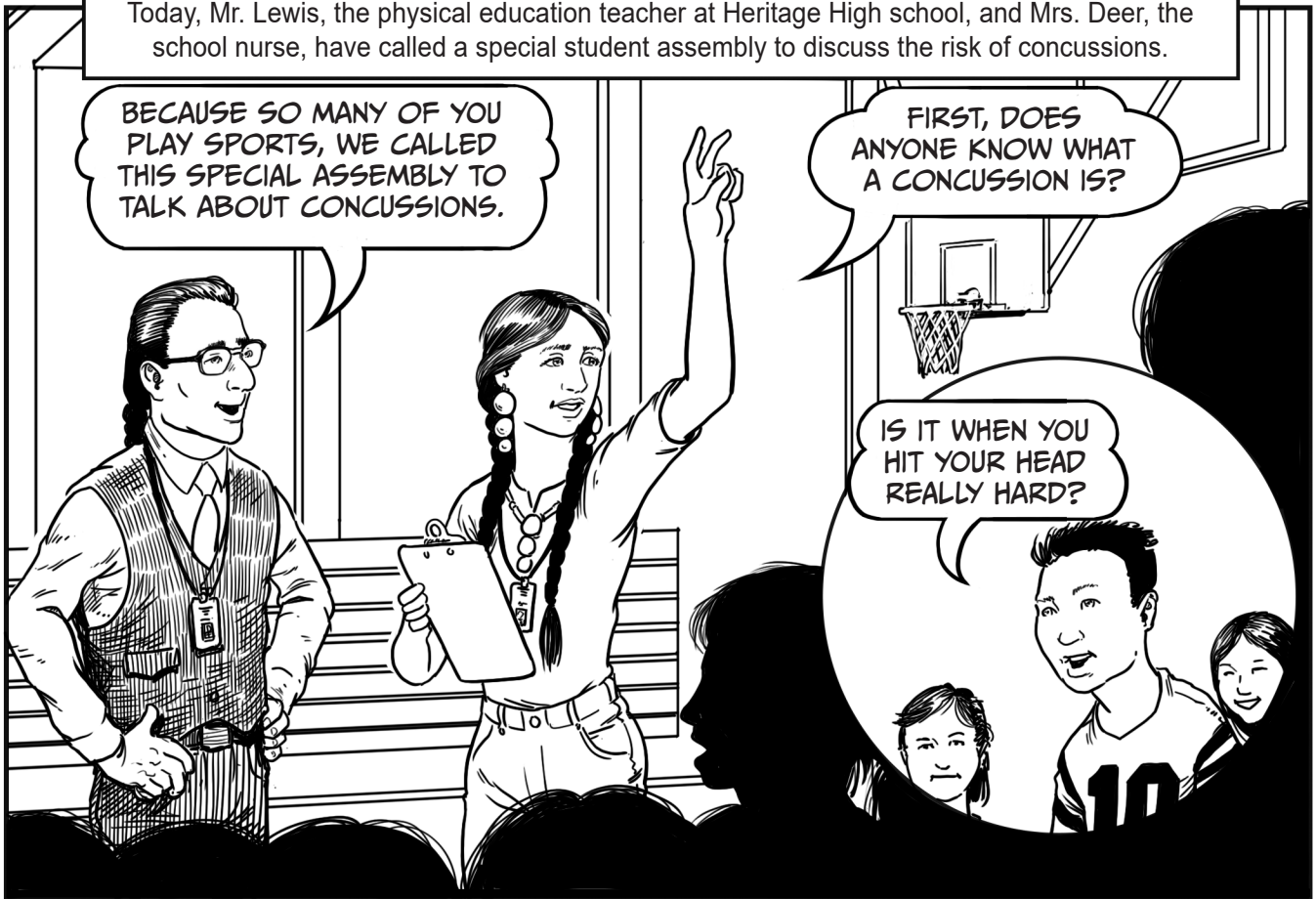
Concussion Recovery

Today, Mr. Lewis, the physical education teacher at Heritage High school, and Mrs. Deer, the school nurse, have called a special student assembly to discuss the risk of concussions.

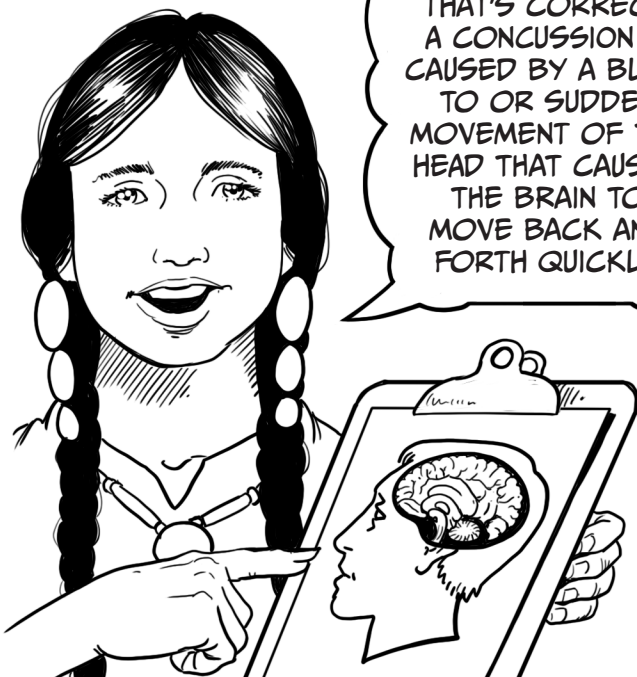
BECAUSE SO MANY OF YOU PLAY SPORTS, WE CALLED THIS SPECIAL ASSEMBLY TO TALK ABOUT CONCUSSIONS.

FIRST, DOES ANYONE KNOW WHAT A CONCUSSION IS?

IS IT WHEN YOU HIT YOUR HEAD REALLY HARD?



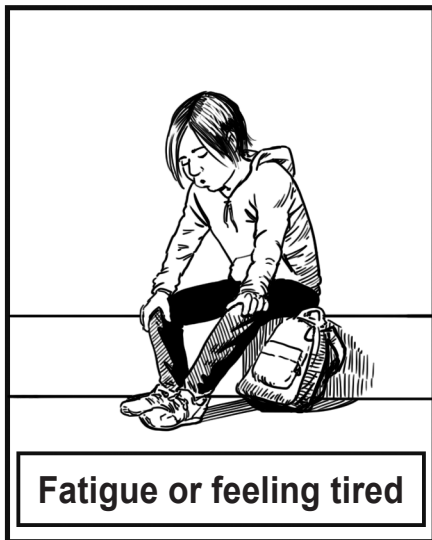
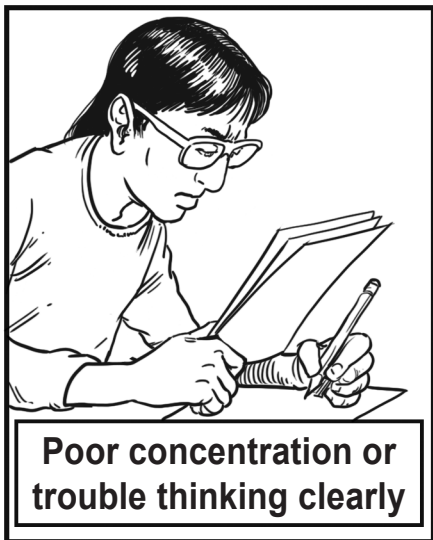
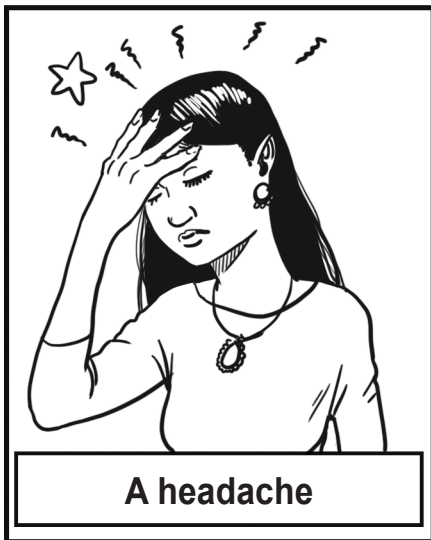
THAT'S CORRECT!
A CONCUSSION IS CAUSED BY A BLOW TO OR SUDDEN MOVEMENT OF THE HEAD THAT CAUSES THE BRAIN TO MOVE BACK AND FORTH QUICKLY.

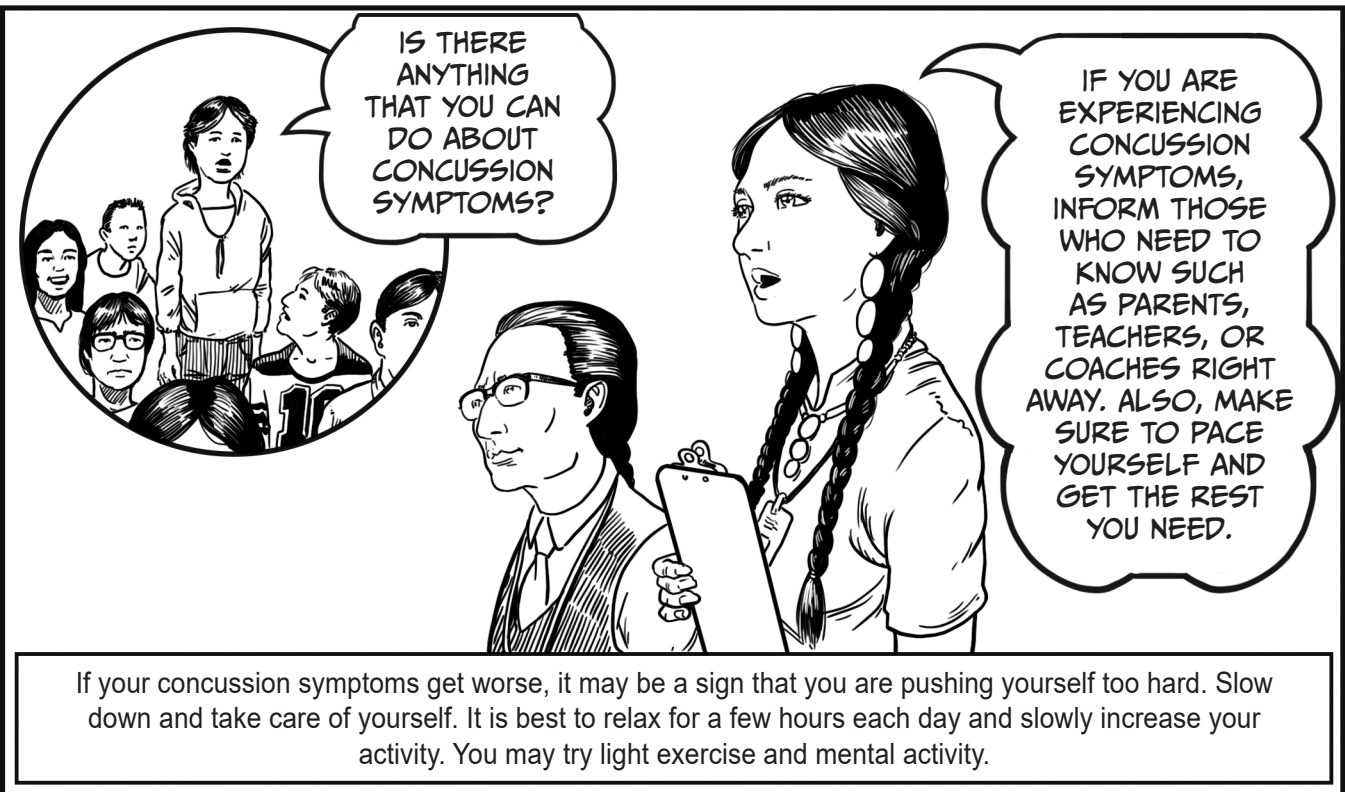
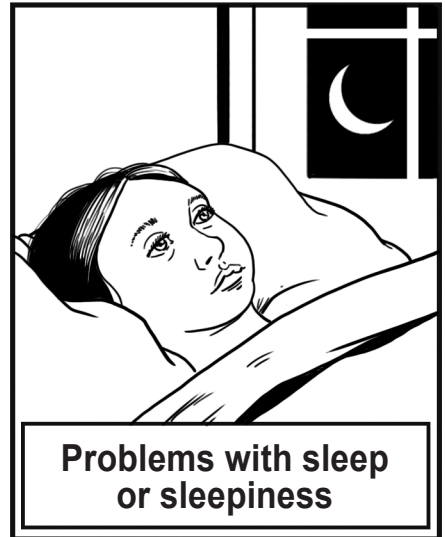
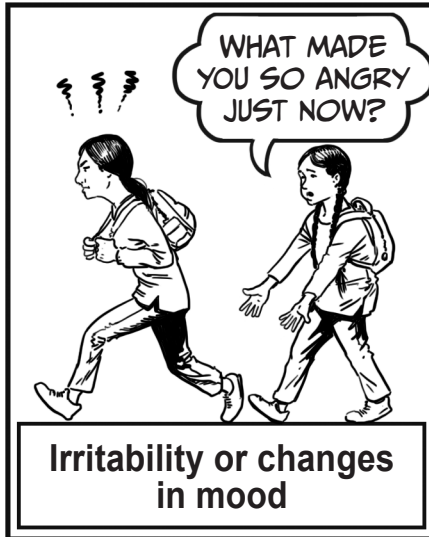
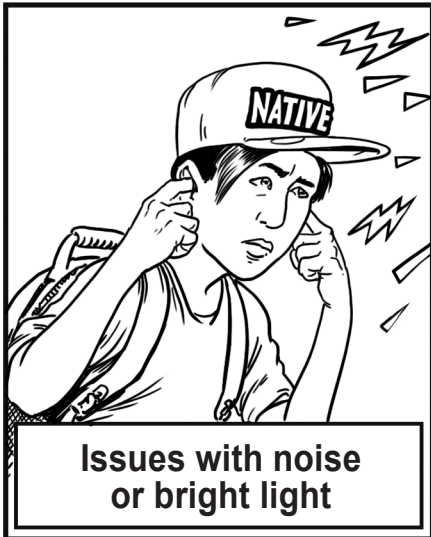


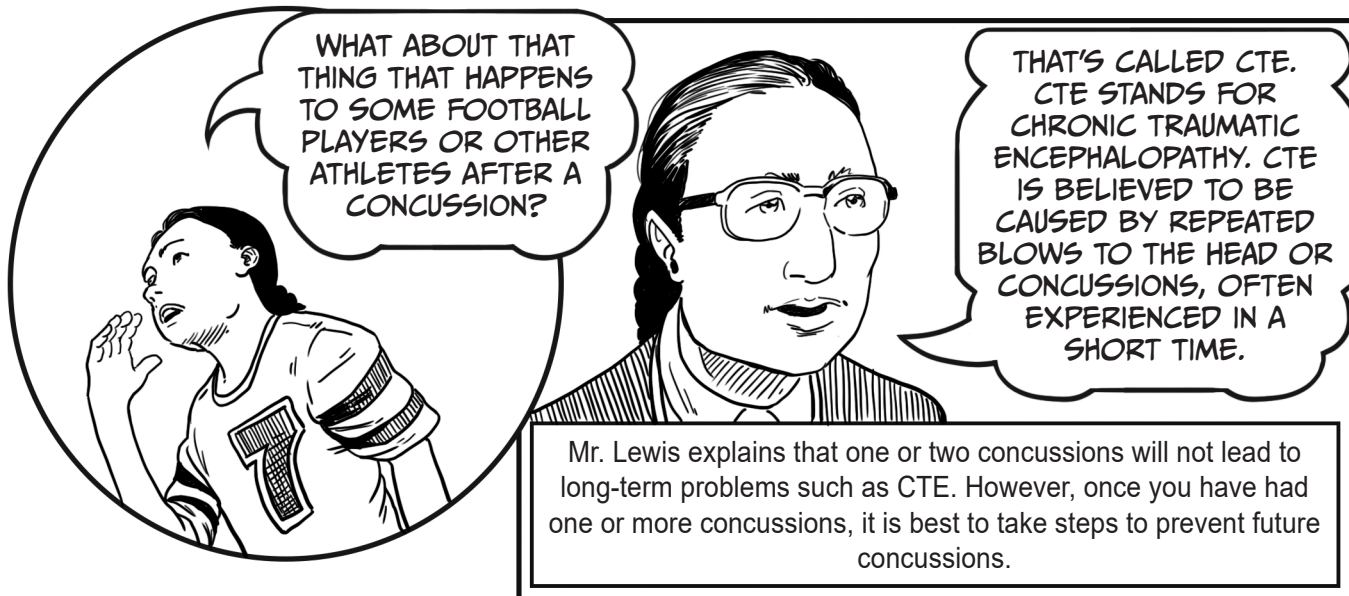
Mrs. Deere explains that a car or bike crash, a fall, or a sports injury can cause a concussion.



Mr. Lewis explains that symptoms from a concussion may include...







Source: The content of this infocomic was adapted from the factsheet entitled Concussion Recovery, which was developed by Robin Hanks, PhD, Kathy Bell, MD, and Laura Dreer, PhD in collaboration with the Model Systems Knowledge Translation Center (<https://msktc.org>).

Disclaimer: This information is not meant to replace the advice of a medical professional. You should consult your health care provider regarding specific medical concerns or treatment. The contents of the infographic were developed under a grant from the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR grant number 90DPKT0008). NIDILRR is a Center within the Administration for Community Living (ACL), Department of Health and Human Services (HHS). The contents of this infographic do not necessarily represent the policy of NIDILRR, ACL, or HHS, and you should not assume endorsement by the Federal Government.

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Traumatic Brain Injury Resource Bundle for American Indians

